



Chichester

HERALD

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at the Ship Hotel
COMPETITION
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Toddlers and
tummy troubles!
DENISE KELLY
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College 'A-Level' above all others

>> Outstanding A-Level results again for Chichester College

James Telford
REPORTER/CHICHESTERHerald.CO.UK

A LOCAL COLLEGE is celebrating after its students picked up outstanding results at A-level. Chichester College has, for the sixth year in a row, produced an A-Level pass rate which is almost twice that of the second year in a row.

An impressive 85.5% of students have achieved an A-level pass rate of 100%, the remainder of the 30 subjects offered had pass rates in excess of 90%. These included several traditionally difficult subjects and included Physics, IT, Russian, Biology, Chemistry, Music, Classical Civilisation, History, Law, English Literature and English Language.

Drama, Film, Geography and Media.

Most importantly, the high grades achieved at A-level means confident with almost half of all students achieving grades A-C despite the national picture which has seen a fall in the higher grades. These high grades have given Chichester College students an advantage in getting on to the university of their choice. Successful students are celebrating getting into a wide range of universities and drama schools, the school many of the top universities. Others have decided to go into work, take a gap year or continue their studies at Chichester College on higher education, vocational or apprenticeship courses.

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Students celebrate their A-level results

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LOTTERY FUNDED





Continued from page 1

Outstanding A-Level results again for Chichester College



Reflecting on the results, Helen Lofth, Assistant Principal, and "Many congratulations to all our A level students! We're absolutely delighted with these fantastic results! The achievement is a real testament to our passion for teaching and learning and our commitment to student success. The students have worked really hard to achieve to the best of their abilities and we still have provided excellent support to give the best results possible. Many students have put in a brilliant amount of effort to achieve their grades, which makes celebrating their success even more rewarding!"

Students morning, their results were treated to a celebration, with a glass of Prosecco and a celebratory breakfast held after results were handed out. It was a chance for students to enjoy the moment and share where they are off to next with their Stratford Teachers and teachers.

The students came from far and wide to study at Chichester College, here is a selection of their success stories.

A Levels - outstanding student achievers

Danielle Jackson

Admitted A*, A*, A is English Literature, Law and General Graduate, formerly of The Roger School, Bognor Regis, Danielle is looking forward to taking up her place at Cambridge to study English where she will be studying English Literature, History and Culture, Social Sciences and Creative Industries. Her achievement, says Danielle was in of such a high standard it has been used as an example to demonstrate how to achieve the highest grade.

Isola Humphrey

Admitted A*, A*, A in English Language & Literature, History and Art. Isola is a free thinker to all students and has been a leader role model. Isola was a Chichester College Star Award winner for her contribution to peer support. Isola attended The Academy, Selby before coming to Chichester College. She will be taking a gap year after which she will be going up a university place where she will learn to teach English.

Adam Harrison

(see *Arguing* column) Adam admitted A*, A in Biology, Physics and Chemistry. He has shown great commitment and worked hard throughout his A Level course. In November he was presented a Star Award in the College's annual awards lunch achieved excellent A Results last year, despite being personal circumstances. Adam is going to study Neuroscience at Leeds.

Luzia Furlan

Admitted A*, A, A in Sociology, English Literature, English Language and Media. Luzia attended The Academy, Selby before coming to Chichester College. Delighted with her results she will be studying English and Creative Writing at Chichester University in September. alongside Luzia, who she collected her results was boyfriend, Matt Buckley (also an Academy, Selby) Matt studied a BTEC National Diploma in Business and achieved D* D* D*, which is the highest possible grade and which equates to three top grade A Levels. Matt will also be going to Chichester University to study Business in HS.

James Hudson

Admitted A*, A, A in Spanish, Chemistry and Biology and a D in Geography. He will be taking up a place at Lancaster University to study Biological Sciences in September.

George Mears

George's story is impressive as he did three AS Levels and a A2 Levels in one year which he headed

himself and through determination and hard work achieved A*, A* and A at A Level and all As at AS Level in Accounting, Finance and Economics. George will be studying at Leeds University studying Economics in September.

Also, James & Matthew Fisher. It's not often a family celebrates three offspring achieving top A levels in the same year but the family of the Fisher Triplet will be doing just that. Between them the boys achieved

AAS in Business Studies, Accounting & Economics (A*), CDE in Psychology, Classical Civilization & Sociology, B&C in Business Studies, B&C and Maths.

James Morgan

Star Award winner, James, son of Andrew School, Worthing, is delighted with his results which were A* A* A in Maths, Physics and Further Maths.

Students travel from all over Sussex and Hampshire to attend the College but it also has a strong reputation in the international market and students also come from many other national countries to study A Levels at the most successful FE college in the area and one of the top night in the country.

Here are some of their success stories

Karen Mak A* A* Maths, A* A* A* AS Maths, Chemistry, Classics and Further Maths.
Ea Ming Yik A*, A, A in Maths Further Maths and Physics.
Ea Kai Ching A* A* Chinese, A, A, A AS Biology, Chemistry and Maths.
Gerrit So S, A, A in AS Maths, Business and B&C.

As well as A level students across the College is also celebrating the achievements of this year's AS students. Grade 10s will help them achieve their university and career goals as they bring the application process during the autumn term. Here are

some of the success stories of 2012 and A-levelers of 2013.

Hannah Rogers, A* A* A* Hannah has just completed summer school in Biological Sciences at James College, Cambridge in preparation for Oxbridge next year.

Hannah Crowl achieved three As in AS Maths, Physics and Further Maths.



Kyle Kampen, Admitted A*, A, A in AS Maths, Business and Economics. Kyle previously attended Ladbroke School.

Glaire Houghton, Admitted A, A, A in AS Maths, Psychology and Drama.

Local News

Kate Dolan Admitted A* A* C

in All Psychology, Drama, English Literature and Sciences and Maths. Science, Tamworth, Admitted A* A* A in AS Maths, Further Maths and Music Technology.

Rob Dixon, Academic Studies Manager at Chichester College, said: "It's a great achievement for our AS and A-level students. Despite the removal of the January module, our students have achieved outstanding grades. Excellent teaching and our peer mentoring scheme has helped. As students put in their chosen university and also improve. All success rates. The achievement of Chichester College with A-levels is a real testament to our Outstanding Grade success rate in March."

"You would like to find out more about A-levels, higher education, or other subjects at Chichester College, please check out the website www.chichester.ac.uk or contact Admissions on 01243 770000."



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Increasing numbers of international students

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Chichester students among happiest in England

STUDENTS from the University of Chichester are among the happiest in the south of England, according to a new survey.

Results published last week showed that 66 per cent were satisfied with all aspects of their course.

The report, from the new National Student Survey, also ranked Chichester as the top 20 per cent of all 400 universities, colleges, and consortiums providing higher education in the UK for overall student satisfaction.

Vice-Chancellor Professor Clive Delaney said that student satisfaction is even more important now than ever before, as the new law means that students are assessed not only for money.

He added: "People ask me why Chichester's scores are so high every year for the National Student Survey when we are one of the smallest universities in the country."

"Our secret lies in the learning community created by all of our staff – a combination of excellent teaching and wonderful support from the rest of the staff, which gives our students a real sense of belonging and helps them to succeed

far over expectations."

As part of the survey nearly 4,000 undergraduate students from Chichester, alongside 30,000 first year students across the UK, were questioned about different aspects of their degree, including assessments and student support.

The government led poll, which is held each year, also rated Chichester as the top 20 universities for teaching excellence.

University Deputy Dean Dr Mark Mason said that hard work went into achieving a good fit between the skills that graduates gain on their programmes and those that are needed in the world of work.

He added: "We work closely with our students to ensure that we are learning and teaching relevant modern practices, while a focus on employability and careerwise skills means our graduates are equipped to thrive in a global economy."

To find out more about the results of the National Student Survey visit www.nstusurvey.ac.uk.

Think Family Partnership is one of the country's highest performing

A NEW SPINNY SCHEME that helps families change their lives for the better has been highlighted as one of the best of its kind in the country.

The 'What Matters Think Family Partnership', led by What Matters County Council, is the local version of the Government's Troubled Families initiative and works with families most at need of help and support.

The Partnership works by assigning a dedicated worker to support a whole family on all of its problems, such as ensuring that children attend school, parents get back to work, addressing anti-social behaviour and generally helping families to turn their lives around. It includes a range of organisations and people, including district and borough councils, police, schools, health, as well as volunteers from the community.

Overall Think Family has turned the lives around of 770 families in What Matters so far. The scheme was also recently singled out as being the top in the country for supporting families back into work.

and helping 950 people back into employment.

Phase Two of the programme, which is due to come into effect in 2009, will see the What Matters Think Family Partnership work with even more families to help them overcome complex problems. The Government has pledged to take the role of a 'Family Starter', which means it will work with a further 100 What Matters families before the national programme rolls out in April 2009.

Paula Gurney, What Matters County Council's Cabinet Member for District of Life, said: "This is really great news and something we are incredibly proud of."

"We're working with partners to change lives for the better. Our success shows that investing early to support these families who need help and support the most really does work."

Simon Patten & Grace Cunningham, Key Partners, said: "It is excellent news that What Matters Think Family Partnership is to receive more funding, in order

to continue their intervention work with vulnerable families and those individuals in most need."

"The Partnership deserves credit for taking up the challenge of the Government's Troubled Families agenda and the initiative in What Matters has shown promising results so far."

"By providing the right intervention and support the programme gives hope and opportunity to the families involved."

Chief Superintendent Martin Mether, Sussex Police Districtal Commander for What Matters and chair of the Think Family Partnership Board added: "The Think Family Programme works. Families are at peace, children are back at school, parents are at work, and crime and disorder has reduced. We are saving families and communities national, providing the environment for children to grow into responsible citizens."

"I am excited we are now going to be able to embed 4,000 families in What Matters."

Midhurst Rother College students secure top university places



MRU & Local Media (left to right) Simon Bower, Ashley Baker, Jack Bracken, Farnham Miller, Christine Collins and Oliver Lee. Photography

Midhurst Rother College (MRC) has secured top university places for its students.

Dr Jon Waghorn, Principal of Midhurst Rother College, said: "Each year A Level examinations mean to become more demanding, however, as the list of universities Midhurst Rother College has mentioned in the high standards."

"This year a number of our students have secured places at top universities, including those in the Russell Group. This strategy began when the College became an academy, as now having direct access to the best resources for the future."

"I am always humbled by how hard students have worked to achieve their grades, such results are a just reward for their effort and dedication. I wish them all well in the future."

"With increasing numbers joining the College's Sixth Form, this year's results should give new students joining MRC the confidence to know that, with their hard work and the College's resources support they can go on to get outstanding examination grades and the best university places."



That very important, life-changing moment

STUDENTS AND TEACHING at Midhurst Rother College are celebrating excellent A Level results. Not again a quarter (25%) of A Level entries resulted in A* and A grades, maintaining the very high standard achieved in 2007.

45% of A Level entries were graded A* or A, with 64% of grades being A*

C There were some excellent individual results, including:
Ashley & Lee - A*, B, C (Royal Veterinary College - Veterinary Medicine)
Jack Bracken - A*, A, S (University of Manchester)

Mathematics
Simon Bower - A*, A, B, E (University of York - Chemistry)
Christine Collins - A*, A, B, S (University of Southampton - Chemistry & Mathematics)
Candice Miller - A*, A*, A, A (University of York - Mathematics & Philosophy)
Oliver van Zwamberg - A*, B,

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Mobile catering company is prosecuted for repeat hygiene offences

THE OFFICE of a mobile catering van has been ordered to pay one £5,000 in fines and costs for poor food hygiene practices.

Malcolm Dwaney runs **Big D Catering**, which trades in Littlehampton, and was prosecuted by Chichester District Council for serious offences under the Food Hygiene (England) Regulations 2006.

During an inspection of the van on June 11, **Food Officer** James Goss, Technical Staff, Chichester, on 3 October 2009, environmental health officers found breast containers were dirty, a dirty fridge and a griddle oven were inspected given.

Hygiene were covered in food, dirt and chemicals and there was an inadequate supply of hot water for hand washing. The company did not have good knowledge of food hygiene laws and there was also a concern that cross contamination could take place during food production.

Malcolm pleaded guilty during a hearing at **Worthing Magistrates Court** on Wednesday 19 August. He was fined £5,000 and ordered to pay £1,000 costs plus a victim support charge of £100.

Magistrates said they took a dim



The catering van was in need of a major clean.

view of the length of time the van had taken. Mr Dwaney pleaded with the officers and asked him to close the business for a couple of days so the kitchen could be cleaned properly.

Councillor Helen Lattil, Cabinet Member for Wellbeing and Community Services at Chichester District Council, said: "Breaches of food hygiene laws involve extremely seriously hygienic environmental health officers. Members of the public should be confident when eating prepared food at restaurants, takeaways and cafes that the food they are buying is prepared in a clean, hygienic environment

and that strict hygiene practices are in place. Where there are failures, the council will act and prosecute where necessary."

Chichester District Council expects any premises where the public has access to buy food. Each one is rated one (lowest) to five (highest) for hygiene standards. After an inspection, each business receives a sticker and a certificate which it is encouraged to display.

Any member of the public who is worried the mobility going to the Food Standards Agency website www.food.gov.uk

Petworth takeaway fined for food hygiene offences

A CHICHESTER TAKEAWAY in Petworth has been ordered to pay one £5,000 in fines and costs for food hygiene offences under the Food Hygiene (England) Regulations 2006.

Goodwill House in Pound Street, was the subject of many visits as a result of problems found which remained unresolved.

During an inspection on 19 December 2009, environmental health officers discovered a number of problems. Among them, there was a concern that cross contamination between food preparation surfaces could take place.

The officers also found that the microwave was not clean with build up of waste food, that the hot water hand-washing basin was not clean and that food bins had not been cleaned down at least once.

Following a hearing on Wednesday 19 August at **Worthing Magistrates Court**, owner and manager, **Mr Yeh Mao Tsai**, and his company, **Goodwill House Ltd** were found guilty, and ordered to pay a total of £1,000. **Councillor Helen Lattil**, Cabinet Member for Wellbeing and Community Services at Chichester

District Council, said: "Take the second and third visit a year later of the take away to spot food hygiene inspection reports. It is important that all businesses involved with the production and serving of food comply with food hygiene requirements to the interests of both the business and customers."

Those who receive a clear message that hygiene offences are taken seriously and that there will be serious repercussions for those found a breach of the law."

Chichester District Council expects any premises to which the public has access to buy food, and where such are from one (lowest) to five (highest) for hygiene standards. Any member of the public is able to view these results by going to the Food Standards Agency website www.food.gov.uk



The chicken was found in a terrible state.



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Chichester Business

New networking opportunity

Kylea Edwards
Director of HR Development/Training, Inspirenet



As business owners we are told that networking is the single most powerful marketing tactic to accelerate and sustain success for any individual or organisation. However, ensuring we make time for such activities can often require the same discipline as going to the gym itself.

The joy of a good networking opportunity can be found through making those all important contacts and building networks, mutually beneficial relationships. Ensuring you meet the "right" people to include in your network and expand your sphere of influence, or at least in itself but with

a little assistance, for the right of the task can become a lot easier.

Often it's not about where you know... but the who you know, as it was I was delighted to be introduced to Premier Connect this week, a great advocate for business networking locally. We recently met up with Graham - Executive - Marketing, Coffee drinking and took time to tell me why.

One of the advantages is a result of attending many local meet ups in the past which I thoroughly enjoyed but felt that something was missing, in some cases but not all. Many have a great structure but one has only come across an regular business membership fees and local set costs to consider. I personally could network two or three times a week but I need to get on with my day job too. This local set up journey into self-employment I have met some brilliant and helpful people and because of that I wanted to share my advice of build with others who may not have where to start. I want to be less awkward former when initially by email, phone or face to face at meetings as I should the Coffee Morning should start as soon as home as possible -

The Eastern Inn, just Friday of each month. There are no membership fees or levitations to buy, just book on line and pay a flat to cover the cost of the coffee. Everyone will have the opportunity to discuss their business and each month will have a guest speaker covering a specialist subject. This is for both the seasoned entrepreneur and the brand new beginner as each week you won't have to speak at all, as most like to attend knowing that you will not be asked for materials or forced into any public speaking engagements.

It will be helping people to start their businesses whether it's a distributor or a brand new start up. I like to help people in my way. I have some free training courses that I give away to anyone who is interested as well as some templates and business plan documents. I also have some content that can help people with finding and in particular through my experience we have come to a government

Do you run a business in Chichester? Then share your views with Kylea on your website or opinion you have about matters that may be affecting you, which may be discussed in the Chichester business - Kylea@MindsetManagement.Care @MindsetProject



Robert Edwards, Director of HR Development/Training, Inspirenet

local programme which provides "start up" loans to prospective entrepreneurs providing all aspects of the business are met. I myself am keen to attend this new Eastern Business Networking Coffee Morning, which will be taking place on Friday 10 August, 10am at the Eastern Inn. Further details about the meetings can be found online too at www.EasternCoffeeMorning.com.

Businesses are the catalyst for success and people do business with those they like and trust. As a very active member, chairman, statutory leader or successful entrepreneur, which single skill or talent helped them succeed in business and an overwhelming majority will respond with one simple word: Networking.

Iconic James Bond helicopter to headline at Goodwood

THE HELICOPTER made famous by Sean Connery in the 1964 James Bond film 'Goldfinger' will take centre stage at the Freddie Mercury Spirit of Animation exhibition at the Goodwood Festival on September 22.

The flying machine, officially known as the Bell UH-1H, is the way in which the helicopter, played by actor Brian Macdonald, from Goldfinger's home base in Fort Knox for the film broke. It was also used by Elizabeth Taylor and Richard Burton as Genevieve Elton, the Viper, the previous film.

Up to 30 aircraft will take part of the display with other highlights including a 1945 Tempco 'Globe Sweeper' C-47 whose previous owner's driver was taught to fly at a year old by rocket power William Wright - and even the last letter's signature on the machine.

Iron Maiden frontman Bruce Dickinson is set to bring his Predator 350 engine, the same kind of machine used by German World War II hero Manfred von Radowitz, aka, The Red Baron, while the largest machine this year will be a Douglas C-47 Dakota.

Two very rare Avrocan will be on display, a 'J' that was used in the D Day landings of 1944 and a J5, which complete the line-up of the Lancaster-built machines.

Headlines' presence is marked by a pair of twin engine aircraft, an Eagle and a B-20 Twin Tomcat, while the Hawker, Conquest, Puma and others will be represented as well.

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Goodwood names National Motor Museum as Revival Beneficiary



Goodwood has announced that the 2014 Revised Beneficiary will be the National

The Natural History Museum Trust at Berlin is a charitable organization dedicated to preserving and promoting natural history. It has a world-famous collection of vertebrates as well as extensive collections of invertebrate-related items - including numerous diatoms and

photographic images, documents and books.

Thanks to Second Step's generosity, the National Motor Museum will undertake work to ensure that one of America's most iconic grand prix cars of the post-war era, the oneRPM

Cup and added another win later this season in the

Endowed Supply rose in Formula 1 purchases against a line-up that included Sir Stirling Moss and future Le Mans winner Duncan Hamilton. It has maintained links to Endowed ever since and was last year of the Festival of Speed as well.

The National's official charity partner, The Richard Burns Foundation, will collect donations wherever it is needed.

The RRF, named in memory of the late 2004 World Rally Champion, aims to help people affected by serious illness or injury. Its patrons include Formula 1 driver Robert Kubica.

Two-time World Rally Champion Marcus Gronholm and Schlegel co-driver Marcus Frodin, who will also race at The Rally next month.

Caroline's Dairy featured on BBC Guilty Pleasures



STATIONMAN BASED on Drew Barrymore, Gershon's Dory, recently featured in an episode of *Food & Drink* on E!—a *Thelma* was aired on Monday (16 July) at 8 p.m. and can be viewed on E! at 8 p.m.

The Food & Drink TV series highlights the best of British food as well as the latest food trends, nostalgic dishes and recipes from around the world. Chef, Michael Fenton, presents along with guests like Fiedel Elco, best known for her four cooking series *The Little Fennel Garden*.

In last week's *Gothy Moments* episode, Rachel Khan can be seen working alongside Caroline Spink in the ice cream parlour at Cheddar Farm to help argue the case for full fat food. Caroline comments, "We are really excited about being on the show and having the chance to tell everyone what makes full fat food so special."

Since launching 4 years ago, Caroline continues to make her ice cream in small batches using only the milk from her family's cows that graze on the wide meadows of Marsh Farm, around the beautiful RSPB Puffins Marlow Nature Reserve. The cows produce rich, high quality, creamy milk with a butterfat content of just over one. The milk is then pasteurized with

liquids cream, before other heavily-sourced ingredients are added, so it is frozen to make their stripes on cream flowers.

Carlsberg strongly believes that there is no need for vast amounts of sugar in its cream, as the milk and cream have their own natural sweetness. "By using full-fat pasteurized milk for longer," she comments, "if you are eating a fat reduced product then the fat has to be replaced with flavors. These are full of additives, salt and sugar, some are even

more as you are still hungry. As Gordon and Rachel smart on the program, it's the rich, creamy milk with as high fat content that makes Gordon's Joey so much the ultimate completely mouth-hungry cream.

If you would like to learn more about the case for Full for Real and Cardinal's Duty use means, please sign up for the newsletter and join the message room via their website: <http://www.confessandconvert.co.uk/>

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What If (Q)?
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 Kalamazoo, MI, Dec
 Starting/Ending: Kalamazoo, MI, Jan
 Kalamazoo, MI, Dec
 Starting/Ending: Kalamazoo, MI, Jan
 Kalamazoo, MI, Dec



Written by David Kishille and Ben
Katz try to remain just friends in
this character romantic comedy

After losing his job with a London-based medical school dropout McGee (David Fehlbach) is awarded a romance far from his roots: Brity summer Chantry (Cox, Kozan) at a party. The connection between them is immediate. Unfortunately, Chantry reveals that she's living with Ben (Joshua), her boyfriend of five years. As Wallace and Chantry start keeping out together, bonding over their shared love of *The Princess Bride*, their friendship blossoms.

Kate Winslet can't help but play the over-the-top. Adapted from a stage play, *Firestorm*, chemical-industry-on-rampant comedy concerns nuclear safety. The director of choice for *Good* director Mike Dowse. Former *Harry Potter* star Daniel Radcliffe adds another string to his bow, making an engaging screen couple with *Shrek* 2's writer and star Ben Stiller. There's strong support too, from rising star Adam Driver as Haldane's son, and Jack Black as Alton.

Still time to sign up for this year's Summer Reading Challenge



THIS YEAR'S Summer Feeding Challenge is almost half way through, but it is not too late to sign up.

The annual summer campaign targets school children aged 4-12 to maintain their reading, achieve outside of class and help prevent their skills slipping over the summer break.

A whopping 12,000 children have already signed up in West Sussex, beating last year's overall tally of 11,000 with three weeks still remaining.

Exposing a family's holiday dinner or revealing it, the August tradition should not date any from exposure.

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From discovering enchanted worlds to befriending mysterious creatures, why leave a book when a book can take your child anywhere they want to explore?

Children can read whatever genre or type of book they like, so long as it is borrowed from the library.

Children were shown and rewards for every book they finish, while a certificate and medal is handed out to every youngster who completes the challenge, which concludes on Saturday 19th September.

Lead Counsel, West Essex County Council's Cabinet Member for Residents' Services, said "To beat last year's sign up tally with just under a month of the challenge remaining is brilliant achievement from all involved."

There is a fantastic selection of books available from our libraries to ensure youngsters will have no problem comparing the Mythical Maze and there is still time for children to start reading.

"We have had gold medals, medals and certificates at the end of the challenge for the past few years and we are confident we can surpass that time."

The Summer Reading Challenge doesn't just stop when the children return to school, the website continues all year around.

Children can find new books to read, track their reading, take part in competitions and play games.

Want more to be in good company – last year, more than 80,000 children got involved. Like the Summer Reading Challenge Facebook page or follow their Twitter account @TheReadingChallenge.

Competition

WIN TWO TICKETS TO CINEWORLD

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Q What was the first Harry Potter film Daniel Radcliffe starred in?

- A PHILOSOPHERS STONE
B HALF-BLOOD PRINCE
C DEATHLY HALLOWS

Send your answer and include your full name, address and contact phone number to compwin@christianlifefund.org. One lucky winner will be selected randomly during the week of Saturday, May 10, 2014. The winner will be notified later in that day but needs answer our Audible Trivia Christian Dictionary trivia questions first and send us an e-mail.



Georgios D. Dondos
Theoretical Chem, Glasgow, FK8 1QD,
UK
E-mail: g.dondos@glasgow.ac.uk

Goodwood Revival brings Stonehenge to West Sussex this September

WHERE ELSE in the world can you see a full scale model of Shoin-ji, the largest gathering of Japanese Types in history and Meiji and Restoration ink set on highland. For without leaving the confines of a room work? At the Confrontation of course, which takes place from 12-14 September at the same Confrontation Motor Circuit.

Even to arrive motorists from the South East the journey to the West Country, the world famous Goodwood Festival continues its tradition of stunning displays and authentic set dressing with the most extreme example to date, in the shape of a full-scale Stonehenge installation at the silver-fast 12.4 mile circuit.

Commissioned by Lord March to be larger than the original, and to be named for William, Earl of

greater number than the entire UK population 500 years ago, the authorities will be in place exclusively for the Festival weekend in celebration of the jubilee.

Some say it was bought to prevent shipment to America, and it is suggested that the Goodwood woman may be offered up for sale after the Rhine, to offer potential US buyers another chance to take German prostitutes home.

A number of drafts will attend to mark the occasion – as well as the 50th anniversary of the Order of Earth, Ocean and Drafts, and will be posted to exact retards and overruns at the site – though the run close is hazy! Unlike the crystal, guests will be seated into the monument site, making a most-well U.S. 'edible' destination. The Golden Era



Food & Drink

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Sir Richard Branson on the hunt for Britain's best food start-ups

ENTREPRENEUR AND-COMING food start-ups are being asked to pitch their businesses to Sir Richard Branson as part of a new start-up competition.

There are four award categories available: start-up looking to get their products on supermarket shelves; an apply for the "Most exciting new food" award.

Restaurants, cafes, pop-up outlets and food vans are invited to compete for the "Future start-up category".

The "Best healthy food business" award will go to the start-up with the most impressive nutritional food.

While the "Most loved kids' food" award is aimed at children's food brands.

The winning start-up will receive a prize package that includes mentoring and "booster-cash" by support to reach new customers", according to Virgin Start-Up.

Sir Richard will be joined by a panel of judges, including Virgin Food's Katey Paul Laidley, who will lead the judging panel from a US past Ham-Gotland last year.



Meanwhile a Healthy Foodies Wales and James Hervey, who manufactures organic, healthy food products, are also setting on the judging panel.

"We'll be looking out for the businesses that have a focus on not only turning a profit, but

an opening an emotionally as possible with great new products and underlying ethics, delivering delicious experiences that make their customers are truly eating well," said James Hervey.

Eight entrepreneurs will be shortlisted for each award, and will need to pitch their business to the panel at the Virgin Start-Up Foodpreneur Fest 2014, which will take place on September 27th in London.

The Virgin founder and of the competition "Britain is living through a golden age of

entrepreneurship with almost 950 small business opening in the UK. At the heart of this are innovative food start-ups, which are popping up all over the country.

"This is exciting for the economy and it's revolutionising the way we eat, providing many of us with access to more natural, organic and locally produced food. I'm looking forward to meeting the next wave of food businesses that will push the movement on even further."

The Virgin Foundation has taken an active interest in the food industry recently, giving support for environmental as well as health reasons.

"The time out to the world of a bigger offer greater than the money you hand over to buy it," he said on Twitter last month.

The call for Virgin Start-Up Foodpreneur Fest 2014, which is open now, and food start-up have until soon on September 30 to apply. Entrepreneurs must be over 18 and based in the UK to be eligible.



READER OFFER

THE IMPORTANCE OF BEING EARNEST

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2 OCTOBER 2014

£34 per person

Two bachelor's, the disreputable, John Woodbury, B.P., and upper-class playboy Algernon Moncrieff, feel compelled to create different identities in order to pursue two eligible ladies Cecily Cardew and Gwendolyn Fairfax. The hilarious misadventures which result from their outrageous plays, their bachelors with the reliable lady friends and the upright Mrs. Prism who has a good 18th-century wit. Along with some of the finest dialogue to be found in theatre.

(The all star cast includes: Rowland Attree, Nigel Havers, Martin Jarvis, Chris Lough & Sam Phillips)

Seats in the stalls for the matinee performance.

Pick up in Chichester, North Bovey, Exeter, Falmouth & Southampton

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01243868080

Win a meal for 2 at Murrays




Chichester Herald in partnership with Murray's is giving away a delicious meal for two people every week.

The Chichester Herald will be running a 'Win - or 3 items' competition sponsored by Murray's. It's a simple one: choose every week where you have to guess the Murray's 3 items.

For your chance to win this amazing prize to 1000 people, please answer the following photo question:

Can you guess where this picture was taken within the Chichester area?

For your chance to win this week's competition, email your answer name address and contact number to: news@chichesterherald.co.uk

North Street, Chichester, West Sussex PO19 1NH
Tel: +44 (0)1243 778000 Email: enquiries@thehighpoint.net

Prizes draw on Wednesday 27 August 2014 for making. The competition is for one winner who wins a 3-course meal for two from the Fine Dining Room. There is no cash alternative if winner will be accompanied by changes every week. Any entry is subject to legal on the last week of drawing will be notified by email.

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Toddlers and tummy troubles!

A cranky, unhappy toddler may well be reacting to physical discomfort. Tummy troubles of one type or another can make anyone feel miserable. Milk is often a major part of most children's diets and if a child is uncontent to suck, this can affect how they feel every single day of their life. Bloating, cramps, and pain can replace the normal joys of discovery and maturity.

But the classic symptoms of milk intolerance are diarrhea or abdominal pain. Many kids with milk intolerance also wheeze, especially when they get a cold. They can also have the dry, scaly skin of eczema, and their stools always seem to be runny. For toddlers are also more restless than in other kids. Constipation, however, has not been typically associated with milk intolerance - and now

The observation that constipation might sometimes be caused by milk intolerance has appeared in the medical literature from time to time, dating back as far as 1954, but only recently



Denise Kelly
Neurospine
and Paediatrics

has there been a well-designed study published showing that this is indeed the case. The results of this study, when widely known, can set many children free to enjoy the pleasures of childhood without pain.

Researchers at the University of Palermo in Italy studied what was called as children with chronic constipation. All of these children had been treated with laxatives when dietary measures had failed. It was with the medical

treatment, these children were still constipated, having had, paradoxically only every 3 to 10 days. Paradoxically these kids became bad fussy and irritable or weeping from the hard plugs of stool.

During the study each child received either cow's milk or alternative milk, such as rice, Almond or oat for 2 weeks, with no one knowing which was which. First, they had a week during which they could eat and drink anything they wanted to, with no restriction on the effects of the first 2 weeks. Then they switched milk for 2 weeks and got



Beating the Root Causes of Allergies

Neurospine Medicine exists to address the root causes of disease: trust the whole person, and approach each person in a unique and individual manner. Neurospine, holistic medicine and Traditional Chinese Medicine can be used to support the body's innate ability to heal itself. In dealing with allergies, alternative/complementary medicine works to steadily the circulatory system and organ weaknesses that are leading to symptoms. It is often much more successful to use such ancient wisdom rather than medication which only masks the symptoms and possibly causes other unwanted side effects.

the milk that they didn't get the first time. Gravid recordings of the bowel habits were made.

When the second milk was broken at the end of the study, they found stooling was constipated for each child while he or she was on cow's milk. But while they were taking alternative milk 60% of these kids were no

longer constipated.

Effect that constipation might change to relieve reactions, longstanding problems. But when a child is made miserable by an allergy, removing the source can result in a rapid, dramatic improvement in the quality of life, and maybe will result in considering if your child is suffering.

There is nothing more important than looking after your health to accomplish a thriving and vibrant life.

To get outstanding health and energy Denise does provide consultations in three offices in West Sussex. She also teaches life changing health workshops and seminars for corporate companies and various health organizations all over the world. For more information contact her at: denise@neurospine.co.uk or [01243 811108](tel:01243 811108).

Stress and anxiety relief

CAN YOU imagine your life without stress? Any level of stress leaves its mark on your mind and body. Even positive events such as a wedding or the birth of a child, living with these same stress and anxiety.

Anxiety is a proven and effective treatment for stress relief

and is becoming increasingly popular.

Through combining acupoints with moxibustion, the Qi in the body is able to flow freely in order to restore harmonious balance in the body. So you will find relief from physical symptoms, such as tense muscles, irregular pulse

and high blood pressure which allow you to feel relaxed and energized.

More importantly, regular acupuncture treatment can help to strengthen your body and improve the body's immunity, so you're able to deal with the day to day stresses of life more effectively



A patient under Dr. Feng Wang's treatment.



Dr. Feng Wang and Susan Wang

Alternatively, acupuncture/Chinese medicine can be applied to people who have a fear of needles. However, acupuncture (needles) is often applied to clients after acupuncture in order to enhance the effectiveness of the treatment.

In fact, in many cases, acupuncture is being used to treat conditions that actually help detect anxiety, more severe cases that has not been previously identified. In such cases, acupuncture is used to help diagnose and treatment.

Remember, acupuncture/energy is just one method of relieving stress. It's also important to learn positive and productive ways to cope with stress on a daily

basis, thereby maintaining focus to help you enjoy a happier and healthier life.

Dr. Feng Wang is an associate of the ACPM and has been practicing his profession for over 30 years. He has been volunteering at CancerCare in Gloucester, which has helped to improve the health of many people. He also has his own clinic in Gloucester in Gloucester.

Hermony Acupuncture Clinic, 4 The Chambers, 21 Chapel Street, Gloucester, PO16 1DL. G6 6EJ 01453 593905. www.hermonyacupuncture.co.uk. Free consultations and free parking.

Physiotherapy – our end-to-end approach

By David Thomas Lead
Physiotherapist at Health Works

Physiotherapy is a vital part of your recovery following orthopaedic surgery. At Health Works, Chichester, your physiotherapy will continue as long as it is clinically required following your operation. The benefits of physiotherapy include:

• Reduced pain and stiffness

• Optimised muscle strength

• Earlier return to full function and fitness

• Help to minimise the potential complications of surgery

During your first meeting with your physiotherapist you will discuss your goals. An individualised rehabilitation programme will be tailored to you so as to allow you to achieve your maximum potential after your operation.

Whilst in hospital your physiotherapist will challenge you each day with a set of exercises and short walks until you are able to be



discharged home. On discharge you will be referred to our lead Physio and Wellbeing coach where you will continue your rehabilitation. With regular visits to the centre you will be put through your paces, not only on land but also in the water swimming

pool where you can undertake specialist hydrotherapy exercises. These regular sessions with your physiotherapist will ensure you are increasing your flexibility, muscle strength and overall fitness levels. And it doesn't stop there. Our

swim recovery programme begins once you are discharged from physiotherapy, you are a Wellbeing Personal Trainer at Health Works will ensure you continue to maintain your recovery. We'll be offering a 12 week membership of our Fitness and

Wellbeing centre including a Health BOUT, massage and hot tubs!

*Applies to recovery from Total hip replacement, Total knee replacement, Hip resurfacing, Unilateral knee replacement, Spinal decompression.

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In Traditional Chinese medicine's philosophy, no stagnation (blockage), no pain. Using Chinese medicine & Acupuncture, the stagnation can be removed, and the blood circulation in the head can be regulated. The body as a whole system can be balanced at the same time. So the treatment can release the symptoms as well as to prevent it from happening. For people who are feared of needles, acupressure can be applied instead.

Dr Feng Wang is an associate of the ATCM (Association of Traditional Chinese Medicine and Acupuncture UK). He has been practicing as a professional since 18 years and has his own clinic in Chichester town centre.



Dr Feng Wang has been providing acupuncture and allied holistic therapies in London, Portsmouth and Chichester for over 5 years. Prior to this, having obtained his degree in Chengde University of Traditional Chinese medicine, he had practised acupuncture and medical herbology in China for 12 years.

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Swansea is most affordable place in the UK for second steppers looking to buy first family house

SWANSEA is the most affordable place in the UK for second stepper couples looking to buy their first family home, with the average price of a house only 6% more than the average price of a flat, according to research carried out by property search agency [Rightmove](#).

Figures show that transactions in the first rung of the property ladder in Swansea have the smallest percentage jump to the second rung. The average price of a one to two bedroom flat in Swansea is £109,000, compared to this Lidl for a terrace or semi-detached house. That's a price difference of just 6.6%, which is around eight of the average annual salary in Swansea, which stands at £12,000.

The problem of second stepping has forced couples across the UK to stay in their first properties, which are often flats, much longer than they would like. [Rightmove](#) says figures reveal homes and more around the UK where the second step, from flat to a terrace or semi-detached house, is the largest and

smallest. Only major towns and cities have been considered for this research.

The east of England came out as the most affordable region of the country for second stepper couples, with Norwich and Ipswich featuring in the top three places for most affordable second stepper houses or flats. The average percentage price difference between a terrace/semi-detached house compared to a flat in Norwich and Ipswich is 20.4% and 19.9% respectively.

That compares with Edinburgh, which came out as being the least affordable place in the UK for second steppers based on the percentage difference between the price of a house versus a flat. Couples in Edinburgh looking to buy their first family home face a minimum 34.9% extra or £104,000 more to purchase an average terrace/semi-detached house (£134,900), compared to a one to two bedroom flat (£104,000). With the average salary in Edinburgh around £19,000, that extra cost is just 5.5 times the average salary.

It's more than the average wage.

Probably, London is the least affordable city when you look at the actual amount of money required to jump from the first rung to the second rung of the ladder, with couples facing the prospect of having to find an extra £104,000 to move from a flat to their first house. That's a staggering 34% of the annual cost of London's salary of £304,000, which explains why many couples have to move out of the capital to second step.

[Rightmove](#) says figures reveal that London actually has the two least affordable places for second steppers, with Edinburgh closely followed by Dundee, where couples looking to replace their first family home are looking at an average additional cost of £79,000 to do so. Aberdeen and Glasgow also feature high up on the list, with average added costs of £104,000 and £104,000 respectively.

Lidl to launch discount fashion

GERMAN DISCOUNT retailer Lidl is getting into the fashion game with the opening launch of its first fashion collection. From next week Monday, August 23, Lidl will offer its wares in stores across the country, which includes a first fashion offer for 14.99 pence, simple jeans, in both slim and regular fit for 14.99 pence and long sleeve shirts for 9.99 pence. Lidl will also offer trousers and will feature table linens for 9.99 pence and beds for 4.99 pence.

The clothing collection will be stocked in a similar fashion to the one found in Lidl's other stores, and will only be available while stocks last. Following the launch of the wares, Lidl, the German discount retailer, will launch a summer collection in stores on November 1.

Although the discount retailer has offered basic clothing items as a store in the past, such as underwear, T-shirts and socks as well as children's wear, the collection marks Lidl's official entry into the fashion industry, with a complete women's wear offering.

Lidl is set to take on rival high street retailers, such as H&M, Primark, with the introduction of its women's wear collection. The

collection, which includes Lidl's own brand, is set to be the most affordable collection in the UK, as the value retailer continues to win over shoppers from more traditional supermarket chains like Tesco, Morrisons and Asda.

The second apparel offering at Asda and Lidl has been well received in the UK, as many consumers are accustomed to purchasing clothing from a number of British supermarkets, like Tesco, Asda and Sainsbury's. Groups by Asda recently unveiled Marks & Spencer as the second largest clothing brand by volume in the UK, trumped only by H&M, which follows Primark. Earlier this week Lidl launched its wares in stores in Germany and its summer collection in Germany alongside with an online offer. Lidl is set to launch its first collection to other retailers, including Primark and Primark, over the next few weeks. Last month, when Lidl launched its clothing, it was the first time the value retailer had stepped into the fashion market. Lidl currently operates over 100 stores throughout the UK and aims to increase that number to 1500.



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For more information, contact Coastguards Estate Agents on 01243 267026 www.coastguardsproperty.co.uk



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ALDWICK

£280,000

Detached house situated in the south east of the Aldwick Area on a quiet main road. The modern kitchen offers generous use of space from many of the ground floor and first floor rooms to the lawn from the rear garden. This well presented property includes a 375 sq ft of double garage, living room, dining room, study, kitchen/breakfast room, utility room, master bedroom with en-suite, 8 other bedrooms, 3 further bathrooms, central heating, double garage, double long garden with parking for additional vehicles, L.A. South facing main garden. EPC Rating: D.



ALDWICK BAY ESTATE

£795,000

Detached Tudor style residence situated approx. 300 yards from the beach on private estate. The open plan includes a ground floor lounge, dining room with sitting area, contemporary kitchen/breakfast room, cloakroom, master bedroom with en-suite bathroom, three further bedrooms, bathroom, central heating and three further bedrooms and two bathrooms and cloakrooms. Includes a large integral garage and a 120 South facing landscaped area garden. EPC Rating: D.



ALDWICK

£650,000

A Character house situated on a corner plot. The specification of this well presented property includes a 375 sq ft of living, double lounge and very dining room, kitchen/breakfast room with contemporary entrance, utility room, master bedroom with en-suite shower room, four bedrooms, bathroom, living/breakfast, kitchen and garage and good size garden. EPC Rating: F.



ORANGEHILL-ON-SEA

£545,000

A detached family house situated on a good sized plot in private estate, approx 300 yards from the private beach. The specification of this well presented property includes a 375 sq ft, three rooms, large hall, open living room, a study, a kitchen/breakfast room, utility room, master bedroom with en-suite shower room, three further bedrooms, bathroom, double/double garage and large landscaped garden. EPC Rating: D.



ELMER SANDS

£485,000

Detached house situated in a private estate approx. 3 miles to the East of Brighton. The property was constructed in 2006 and has a ground floor shower, laundry room, lounge with sliding doors opening to the dining room, large contemporary kitchen/breakfast room, master bedroom with en-suite shower, 4 further bedrooms, bathroom, garage and garden. EPC Rating: C.



ALDWICK BAY ESTATE

£665,000

Detached character cottage situated in a private estate approx. 400 yards from the beach. The specification of this picturesque property includes a 375 sq ft of living, lounge, dining room, kitchen/breakfast room, utility room, master bedroom with en-suite shower room, four bedrooms, bathroom, en-suite w.c., double garage with utility area and garden, a lawn and rear EPC Rating: G.



HYESTIMERE

£379,950

A superb fully spacious detached long leasehold villa on a good sized plot in a 40-acre estate with a mix of shops, schools and the beach. The property has been extended over the years and offers flexible and spacious accommodation for a peaceful location. 375 sq ft, three 20' long garden, two separate living rooms, open plan kitchen, contemporary kitchen, master bedroom with en-suite shower room, second bedroom, bathroom, good size garage and large garden. EPC Rating: D.

Motors

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Google's driverless cars to exceed speed limit



GOOGLE'S SELF-DRIVING CARS are programmed to exceed speed limits by up to 10mph (16km/h), according to the project's lead software engineer.

Quincy Dorner said that when surrounding vehicles were breaking the speed limit, going more slowly could actually prevent a danger, and the Google car would accelerate to keep up.

Google's driverless prototypes have been widely tested on roads in the US.

The UK will allow driverless cars

on public roads from 2015.

Google first announced its driverless car dreams in 2009, and has been testing its technology in modified cars built by other manufacturers.

The cars have travelled on more than 300,000 miles of open road, mostly in California.

In May, the US tech firm said it would start building its own self-driving cars.

The bubble-shaped vehicles will seat two people, propulsion will be electric, and to begin with they will

be limited to 40mph (64km/h) to help safety.

In July, the UK government announced that driverless cars will be allowed on public roads from January 2015.

In addition, ministers ordered a review of the UK's road regulations to ensure appropriate changes.

This will cover the need for self-driving vehicles to comply with safety and traffic laws, and resolve changes to the Highway Code, which applies to England, Scotland and Wales.

Commenting on Google's self-driving cars' ability to exceed the speed limit, a Department for Transport spokesman said: "There are no plans to change speed limits, which will still apply to driverless cars".

In a separate development on Monday, the White House said it warned all cars and light trucks to be equipped with technology that could prevent collisions.

Radar signals emitted by the vehicles would allow them to "talk" to each other, and alert drivers to potential accidents.

The latest "driverless vehicle" actually covers a lot of different concepts.

Indeed, the cruise control, automatic braking, anti-lane drift and self-parking functions already built into many vehicles offer a certain degree of autonomy.

But the term is generally used to refer to vehicles that take charge of steering, accelerating, decelerating and braking during most if not all of a journey between waypoints, much as the same way airplanes can be set to autopilot.

Unlike the plane, however, the roads are much more crowded, and a range of technologies is being developed to tackle the problem.

One of the leading manufacturers is lidar (light detection and ranging), a system that measures how lasers bounce off reflective surfaces to acquire information about millions of small points surrounding the vehicle every second. The technology is already used to create the 3D maps used by Google and Nokia.

Another

complementary

technique is "sonar vision" - the use of sensors to make sense of 360-degree angles captured by sensors attached to the vehicle, which can warn of pedestrians, cyclists, roadworks and other objects that might be in the vehicle's path.

Autonomous vehicles can also make use of global-positioning system (GPS) location data from satellites, radar, ultrasonic sensors to detect objects close to the car and further sensors to accurately measure the vehicle's orientation and the rotation of its wheels, to help it understand its exact location.

The debate now is whether to allow cars, like the prototype created by Google in May, to shoulder controls including a steering wheel and pedals and rely on the vehicle's computer.

Or whether, instead, to allow the machines to drive, but leave a passenger to easily toot back control at a moment's notice.

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Football

Poor refereeing and class finishing lead to a Cup Exit

Friday 14 August 2014

**By Guy
Chichester City 1 - 2 Hilde Valley**

CHICHESTER CITY made two changes from the side that lost today in the week. Chichester were without goal keeper Graham Cook and this captain Peter Hibbert for the FA cup tie. This meant Joe Groom started up top, 2 in his place provided some of centre half and Harry Gilbert started into the middle.

Chichester started brightly, and in the opening minutes the lovely Dan Groom level walked Green Dillane left hand upright, having been played as a long run by Tom Wood coded with a disappointing shot, as Chichester looked to open the half.

Hilde Valley first effort on goal came on one minute. Michael Campbell was fouled on the edge of the area by Hibbert but Harry Groom fired the ball over the bar, and a couple of minutes later a neat backpass by Chichester's Groom ended with a shot by Wood firing

over the bar.

Valley took the lead on an minute, another poor refereeing decision, mist against the referee who a free kick was not awarded in Chichester favour after a violent push from the Hilde Valley member on Chichester Hibbert. The lack of resources lead to a corner being awarded for the visitors. The well worked corner was swung into the net past and left by everybody except from Chris Wood who moving in round the back past headed back from where Groom, despite Valley's half time lead.

Hilde Valley's John McGarry was the most notable of the ref that was up to that level of football, McGarry found his way into the visitors book on at least one, for a foul on Edwards which was nothing more than a free kick.

Five minutes in the half, and Chichester were level, a ball from the right was deflected up into the area, free hitting Groom onto and missed his punch, allowing Gilbert to finish from close range.

Chichester now had their take

up, and a minute later a low cross by substitute Bradley Shewton, on for Groom, was headed wide by Edwards. Minutes later and Chichester's Henry, and Valley's Jackson both found their way into the look for some open nothing more than a foul. By this stage the referee had lost interest of a professional game between two good sides.

Chichester were unlucky by a referee's righting past by Jackson went straight away, and as Edson showed, the striker dropped into the net.

Midway through the half, Chichester were reduced to six men, when Groom had left off, and from a dangerous cross Groom's three drove towards goal was dealt with by the keeper superbly getting fingers to the ball and then it over the bar.

Midway through the half, and Chichester were reduced to six men, when Groom had left off, and from a dangerous cross Groom's three drove towards goal was dealt with by the keeper superbly getting fingers to the ball and then it over the bar.



and left he needed to get another, after no argument or permission for the visiting team and to the surprise of all in the ground Peter's second off.

Valley made their first change with six minutes to go, with Jackson being replaced by the returning Richard Wilson, and a minute later it was 3-1. A free kick on the right was swung in by Oliver, and head Stuart Kemp highest to head home.

Chichester started to focus people forward, and with a minute remaining, Valley picked up the first of three bookings they would pick up in the dying minutes, this time

Markus Denny going into the book for a poorly timed challenge on Wood. The resulting free kick defied beautifully wide of the post.

With five minutes remaining, Peter Smith started to cause problems and Chichester were back in the contest as time ran out. A great ball by Hibbert missed Groom, and he calmly rifled the ball into the net for 3-2.

In all, Chichester were unlucky by some clear finishing by Hilde Valley and some poor refereeing. Somehow a well maintained game saw 3 yellow cards and 1 red.

Softball

Falcons send Hurricanes flying



James Winterer coming in to score a home run in the sixth inning. (Photo credit: John Marshall-Evans)

CHICHESTER. FALCONS SOFTBALL CLUB notched up arguably their best win of the season last week, away to league

rivals Haringham Hurricanes. Softball first against a previously unbeaten team, the Falcons played at a home pace right from the get-go

and immediately stomped up 30 runs in the first inning with Matt Connor, Amelia Pritchard and Emma Brown all putting doubles

on the score sheet.

In the field the Falcons struggled, fumbling routine plays and throwing the ball away numerous times allowed the Hurricanes to walk their way through to six runs by the third. However by then Dave Preece had crashed a two run home to put the Falcons up 30-6 to help melt things down in the away dugout, as a change of plan in the infield allowed up the Falcons defence. A infielder who saw pitcher James Winterer take up third base while Dave Preece moved to shortstop, immediately paying dividends as the Hurricanes' batsmen could not adjust to make it past their bullet thrower to Brian Diller, typically said at first base.

The fifth inning brought an outstanding softball party as Ben Sedgwick orchestrated the Falcons' first ever triple play. Three batsmen were retired with one at bat as the Hurricanes set it, with two runners on, hit straight back to the Falcons pitcher, who was quick witted enough to catch the ball in the dirt (1 out). Having scored the other hurricanes already

advancing without tagging up on the catch, Sedgwick's first aimed and dropped the ball to Lucy Thomas who stopped an second base to make a second out (2 out) before tagging out the runner from first (3 out). After a brief pause while the umpire caught up with the play, surprise and delight ensued as the Falcons dugout as the third batter was finally pitched out.

The Falcons capped off the game with another eleven runs in the sixth, including another two home runs from Dave Preece and James Winterer, to effectively end the game 30-16, putting the Chichester side runners up players in the end dreamers. The Hurricanes will be deservingly penalised as red dressed champions.

Asquith who wants to try softball and join the Falcons should email chichesterfalcons@gmail.com or visit www.chichesterfalcons.com. The Falcons was widely praised for both bats and skills.

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